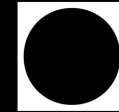


FULL PROGRAMME GUIDE



Brilliance

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SKIN DEEP S.T.E.A.M: **The Science and Politics of the Dark Tone**

'Skin' & 'Space' - the mysterious beauty explored in a week of special science presentations and higher learning for the whole family.



Venues:

Neter Vital Store

Brixton, SW9 8PB

Chestnuts Community Centre

Tottenham, N15 5BN

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M: 075 3003 8547
E: learning@abundancecentre.org
W: www.abundancecentre.org
Twit: @uLearnNaturally
#uLearnScience2016

VENUES:



Neter Vital Store

25 Brixton Station Road,
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[Google Maps Link](#)



Brilliance

Abundance Centres (UK)

uLearn Naturally Science Week 2016

SKIN DEEP S.T.E.A.M

Science □ **Technology** □ **Engineering** □ **Arts** □ **Maths**

The Science and Politics of the Dark Tone

*'Skin' & 'Space' - the mysterious beauty explored
in a week of special science presentations
and higher learning for the whole family.*



Chestnuts Community Centre

280 St Ann's Rd,
Tottenham N15 5BN

[Google Maps Link](#)

INSET & CPD

Enhancing Science & Maths Learning Through Creative Cultural Arts - What is the Unifiedknowledge approach to education?:

- educator training and support for local teachers and parents.
- **Tottenham**, Monday 7th March, 10am – 4pm, *Book your place in advance.*

Enhancing Science & Maths Learning Through Creative Cultural Arts - Teaching Maths (& Science) Through the Drum:

- educator training and support for local teachers and parents.
- **Birmingham**, Wednesday 9th March, 10am – 4pm, *Book your place in advance.*

Enhancing Science & Maths Learning Through Creative Cultural Arts - Teaching Maths (& Science) Through Dance:

- educator training and support for local teachers and parents.
- **Manchester**, Thursday 10th March, 10am – 4pm, *Book your place in advance.*

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in Schools

3

Ethnic skin types: are there differences in skin structure and function?

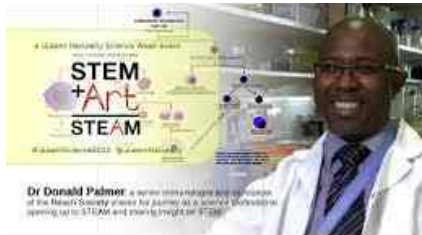
- Lead presenter **Professor Donald Palmer**
- **Brixton**, Friday 11th March, 6.00pm – 9.00pm, FREE (£5+ donation is helpful)

uLearn Naturally
Science Week
LAUNCH EVENT

People of skin of colour comprise the majority of the world's population and Asian subjects comprise more than half of the total population of the earth. Even so, the literature on the characteristics of the subjects with skin of colour is limited. Several groups over the past decades have attempted to decipher the underlying differences in skin structure and function in different ethnic skin types. However, most of these studies have been of small scale and in some studies inter-individual differences in skin quality overwhelm any racial differences. There has been a recent call for more studies to address genetic together with phenotypic differences among different racial groups and in this respect several large-scale studies have been conducted recently. The most obvious ethnic skin difference relates to skin colour which is dominated by the presence of melanin.

Join us this evening as Professor Donald Palmer reviews and simplify a ground breaking paper by Prof A. V. Rawlings. Lets get to know some of the principle ideas behind this very revealing question.

Lead presenter **Professor Donald Palmer**



The Structure of African Hair:

Why do you need to pH test (acid <> alkaline test)
the stuff you put in your hair and how do you do it?

- Lead presenter **Astehmari Batekun**, Peoplescience Intelligence Unit
- **Tottenham**, Saturday 12th March, 4pm – 5.30pm, FREE (£5+ donation is helpful)

It's important that the products or natural substances you use on your hair and skin are pH balanced so your hair can maintain a normal pH level. The goal is to know the substances that balance out to your hair's natural pH level at about 5.

pH (power of hydrogen) is a measure of how acidic or basic/alkaline an aqueous (water based) solution is. The scale goes from 0 (acidic) to 14 (basic or alkaline). 7 is neutral. Hair at a normal, balanced level has a pH of about 5 (give or take 0.5) which is slightly acidic.

You can easily test the pH level of your products (store bought or diy) with a digital pH tester or a litmus test. On this evening we'll introduce this idea further and get into the principles of pH, the power of Hydrogen. Really this comes back to the power of water, the vessel of life. We'll have fun with light yet informative reasoning, watch a selection of videos and do some practical pH testing to get the feel for how it works.

This is a good self knowledge learning path as it connects many subjects (unifiedknowledge style), let's progress on the way with the power of Hydrogen.

5



How blackness and the melanin of Africans shaped western civilisation and how blackness became a badge of dishonour.

- Lead presenter **Dema Wonga**, Narrative Eye
- **Tottenham**, Saturday 12th March, 5.45pm – 7:45pm, FREE (£5+ donation is helpful)

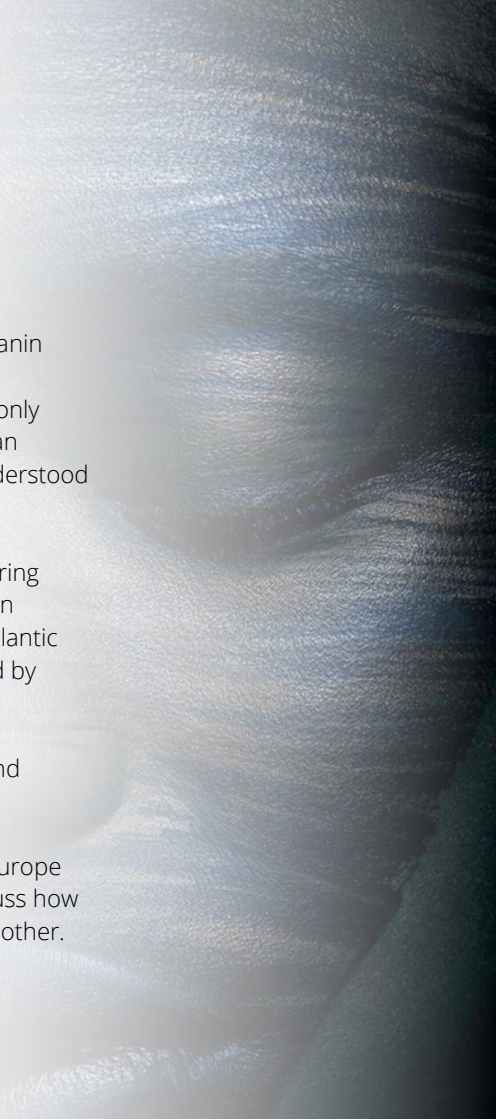
The most abundant substance in nature, highly absorbent and found in most organisms, melanin provides us with the key to understanding our past and our future potential. Melanin and its derivatives are found throughout the body, in the nervous system and the brain. Most commonly melanin is known for producing skin colour and it was not until the 19th century that European scientists were able to identify the source of human pigmentation. However, melanin was understood and utilised by African people for centuries before this discovery.

In the 15th and 16th centuries Africans travelled, settled and conquered parts of Europe, sharing advancements in science and technology that were often more innovative than their European counterparts. Their achievements and legacy have been largely overshadowed by the Transatlantic Slave Trade that evolved in the following three centuries, and their work forgotten or acquired by European history books.

What enabled these Africans to accomplish such incredible feats in navigation, engineering and mathematics and how do we manifest the same skills today?

We will examine the importance of melanin in the achievements of Africans in Renaissance Europe and how they used this gift to advance European civilisation. The Narrative Eye team will discuss how melanin works as a key to self-development and how it connects us to the universe and each other.

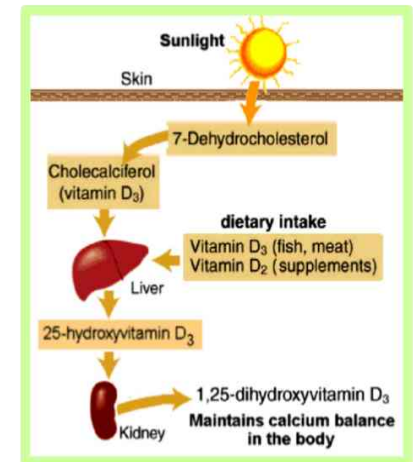
6



Sun, Skin and the Immune System

- Lead presenter **Dr Majeena Lynch** supported by **Professor Donald Palmer**
- [Tottenham](#), Saturday 12th March, 8pm – 9:30pm, FREE (£5+ donation is helpful)

Skin acts as a waterproof, insulating shield, guarding the body against extremes of temperature, damaging sunlight, and harmful chemicals. However, the skin functions as more than just a physical barrier: it is an active immune organ, did you know that? With a Sun filled light heart come and share in an interactive evening with our community's leaning immunology specialists to learn more about our frontline of immune protection against environmental toxins and microbes.



Balanced Diet, Healthy Melanin.

- Lead presenter **Rijole Bitata**, ATL Learning Centre
- **Brixton**, Sunday 13th March, 4.30pm – 5.30pm,
FREE (£3+ donation is helpful)

Join us for a wonderful food technology workshop/demo about keeping your melanin healthy through diet.

We will explore what foods help build and keep healthy looking skin. We'll learn how to combine these foods to create well balanced diet.

Content:

- Insights into the science of food and nutrition
- Raw cooking workshop
- Salad dressings without salad cream
- Spaghetti without wheat
- Cakes without flour



8

Melanin Magic: Exploring the Cress theory of colour, in modern media & ancient culture.

- Lead presenter **Aundrieux Sankofa** author of Sacred Man
- **Brixton**, Sunday 13th March, 5.30pm – 8.30pm, FREE (£5+ donation is helpful)

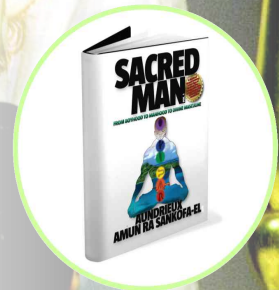
Aundrieux Sankofa is the author of the ground breaking book SACRED MAN: From Boyhood, to Manhood to Divine Masculine, on the principles of Conscious Manhood. This evening's presentation will be in honour of recent ancestor & master teacher **Dr. Frances Cress Welsing, MD.** author of **The Isis Papers.** As a revolutionary "black behavioural scientist and practising psychiatrist" of over 30 years service Dr Welsing advanced a broader framework, encompassing biology, psychology, and physics, as a prerequisite to understanding the causation or origination of a unified field of energy phenomena, specifically the "behavior-energy" underlying racial conflict.

Do come join us this evening as the author shares precious insights from his book's chapter entitled 'Melanin Magic'. Learn more about what Melanin is, how to keep it clean, as well as metaphysically how Melanin reflects in everyday media, advertising and popular culture.

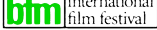
Don't miss out on this wonderful evening of sound, visual and film; interactive multimedia presentation, full of enrichment (and endarkenment).



9



An audience with Menelik Shabazz: My new Sci-fi movie, healing for emotional health and the path to higher learning

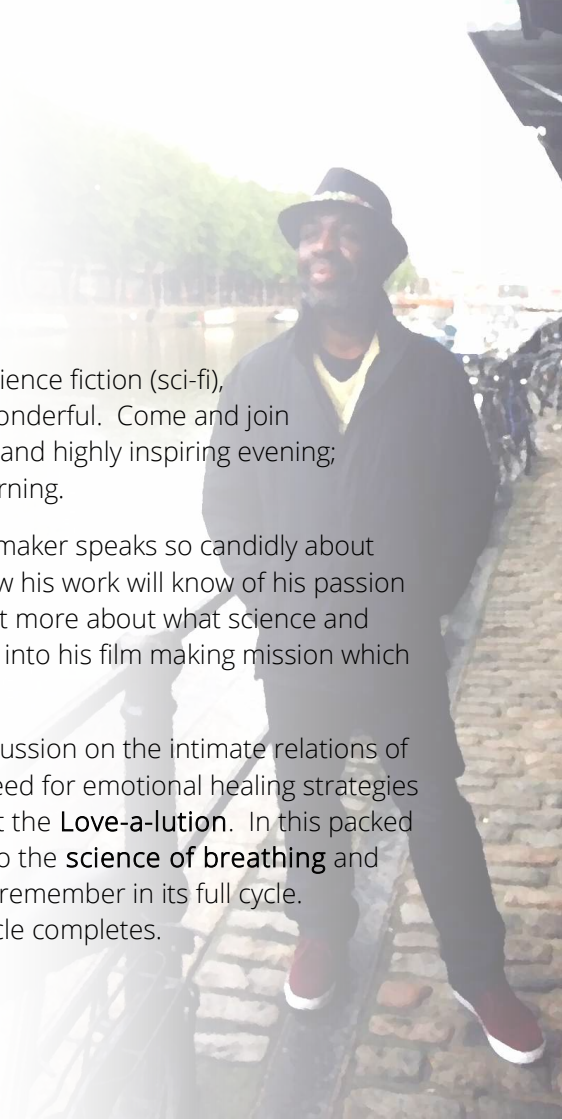
- Lead presenter **Menelik Shabazz**, Film Maker 
- **Tottenham**, Monday 14th March, 7pm – 9pm, FREE (£5+ donation is helpful)

Menelik Shabazz, the Award winning film maker, is returning to the genre of science fiction (sci-fi), actually he aims to break new ground yet again, his new film project sounds wonderful. Come and join Astehmari Batekun as he interviews him live in what is going to be a profound and highly inspiring evening; We'll be talking on sci fi , healing for emotion health and the path to higher learning.

So what has inspired Menelik into sci-fi? It's not often that this legendary film maker speaks so candidly about his upcoming film projects, we're in for some exclusive treats. Those who know his work will know of his passion for the Black perspective, from the truest African places of being. Let's find out more about what science and sci-fi mean to him, his ideas on the way to higher learning and how this enters into his film making mission which spans over 30 years.

Menelik's most recent film, **Looking for Love**, opens up a much called for discussion on the intimate relations of men and women of African / Black heritage, inside this powerful expose the need for emotional healing strategies and practices becomes crystal clear. Menelik has a plan, let's hear more about the **Love-a-lution**. In this packed evening we'll even create time for meditation and a preparatory introduction to the **science of breathing** and principles of "breath command". Come early as this is a journey you'll want to remember in its full cycle. Once we get going the doors may appear closed... reopening to love as the cycle completes.

10



Nyinka's Daughter – Exploring Snake dance movement and the wave form of science through African story, drama and practical experimentation.

- Lead presenter **Olusola Adebisi**, Principal, Narrative Mindfulness
- **Tottenham**, Tuesday 15th March, 6pm – 7:30pm, FREE (£3+ donation is helpful)

Come and enjoy a creative short story that will help you explore your own inner fluidity and freedom of expression. We'll be getting hands on with a brief physical science experiment by constructing a special pendulum structure to highlight snake motion and scientific wave form motion, and if that were not enough there will be introductions to snake dance movement in the African martial arts style Ka-Zimba Ngoma. That inner force is spiralling up in you, learn to control it wholistically with science.



11



Abit's Secret – Revealed ! : 1st ideas of inner & outer Space explored with fun for children, parents and teachers.

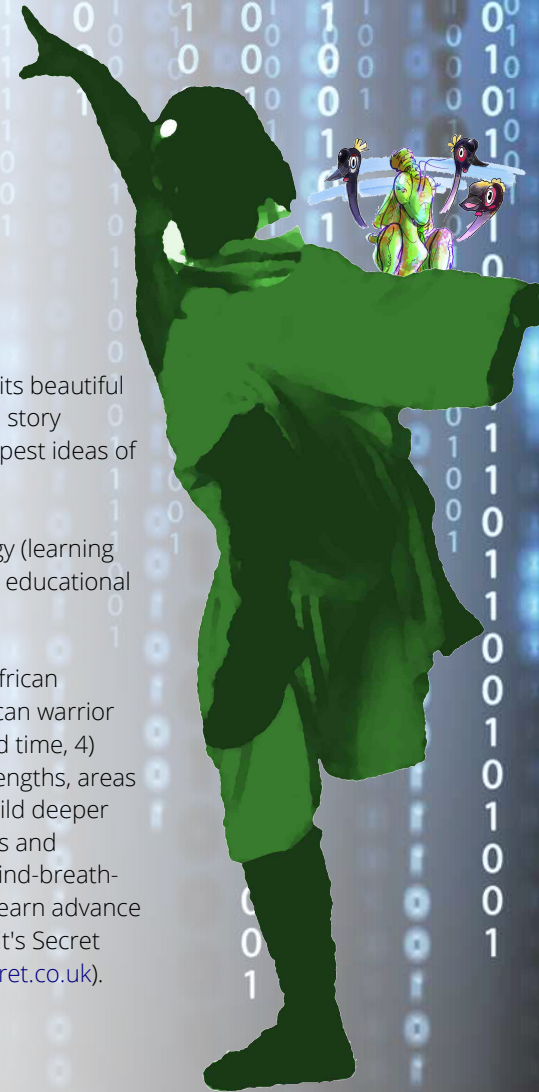
- Lead presenter **Astehmari Batekun**, Schools Of Unified Learning (SOUL).
- **Tottenham**, Tuesday 15th March, 7:30pm – 9pm, FREE (£3+ donation is helpful)
- **Revolutionary NEW BOOK !!** Find out more at AbitsSecret.co.uk

Abit's Secret is a short, yet profound story book that journeys deeply into space to reveal its beautiful creative patterns (as found when studying life with maths and science). As an 'edutaining' story expressed in the classic የጥምር፡ዕውቀት፡ “unifiedknowledge” way, it connects us to the deepest ideas of energy, matter and mind as children, families and the young at heart globally.

Come and join the author, parents and teachers as we review the self-advancing pedagogy (learning science) behind this story to help fans and new readers of the book best explore its great educational scope with the young Ones in their care.

Learn how to teach maths and science through dance, drum and many other modes of African culture. On this evening we will define many things: 1) principles of Dankira Tehwagi (African warrior dance), 2) the five important shapes and forms, 3) basic ideas of energy-matter, space and time, 4) personal space (“i-Province”) relating to the whole, 5) dimensions, centres, weight, mass, lengths, areas and volumes relating to One's personal province, 6) ways to enhance visualisation and build deeper perception, 7) binary, the pulse and power of the Drum, 8) the true nature of mathematics and science, 9) the importance of Breath Command (ትንፋሽ፡ሐዘነ፡፡ t.n.fa.sh:ah.zeh.zeh::) and mind-breath-body harmonisation and 10) ideas of infinite capacity. Bring pen and paper, be ready to learn advance techniques in creative play, all within the fun context of the wonderful allegorical story Abit's Secret (www.AbitsSecret.co.uk).

12



The Structural Textures of African Hair: The Alpha Helix Design.

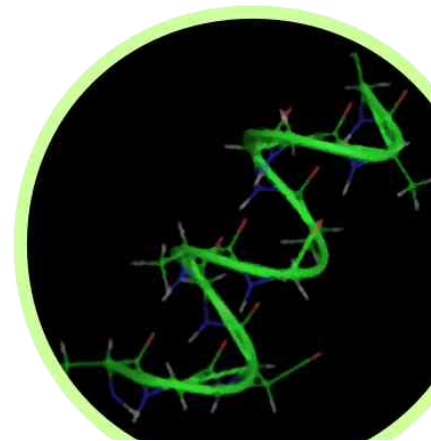
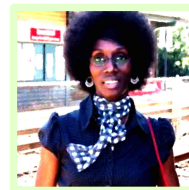
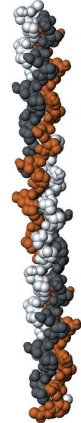
- Lead presenter **Tatlyn Grant**, Cosmetologist.
- **Tottenham**, Wed 16th March, 6pm – 9pm, FREE (£5+ donation is helpful)

Tatlyn Grant - Cosmetologist specialised in the field of hair, with an in depth knowledge, experience and practice of treating the hair. She has a passion and enthusiasm for science using what she calls "The A~ Fractal Principle" as her basis into researching the underlying structural make up of hair, which has led to a profound insight of the relationship and connection hair has to the body, general well-being and environment.

Starting with a brief insight into The A~Fractal Principle. our aim is to raise an awareness of the science underlying African Hair Structure - The Alpha Design Code. This will lead to a better understanding appreciation and value for African hair types and its multi-textures to assist oneself feeling more comfortable and empowered with this unique multi-textural hair type.

This presentation involves:

- A diagram assisted breakdown of the hair - from the Alpha-Helix through to the Hair strand.
- How to use a TrichoScope to get a magnified view of the hair and scalp.
- Using hair samples to compare different formations and textures.
- Shared wisdom and insight of the benefits of understanding the hair from a scientific point of view.



The Structure of African Hair:

Why do you need to pH test (acid <> alkaline test) the stuff you put in your hair and how do you do it?

- Lead presenter **Astehmari Batekun**, Peoplescience Intelligence Unit
- **Brixton**, Thursday 17th March, 7.00pm - 9.00pm, FREE (£5+ donation is helpful)

It's important that the products or natural substances you use on your hair and skin are pH balanced so your hair can maintain a normal pH level. The goal is to know the substances that balance out to your hair's natural pH level at about 5.

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You can easily test the pH level of your products (store bought or diy) with a digital pH tester or a litmus test. On this evening we'll introduce this idea further and get into the principles of pH, the power of Hydrogen. Really this comes back to the power of water, the vessel of life. We'll have fun with light yet informative reasoning, watch a selection of videos and do some practical pH testing to get the feel for how it works.

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14



How blackness and the melanin of Africans shaped western civilisation and how blackness became a badge of dishonour.

- Lead presenter: **Onyeka**, Leading Historian & Author, Narrative Eye
- **Brixton**, Friday 18th March, 6.00pm – 9.00pm, FREE (£5+ donation is helpful)

The most abundant substance in nature, highly absorbent and found in most organisms, melanin provides us with the key to understanding our past and our future potential. Melanin and its derivatives are found throughout the body, in the nervous system and the brain. Most commonly melanin is known for producing skin colour and it was not until the 19th century that European scientists were able to identify the source of human pigmentation. However, melanin was understood and utilised by African people for centuries before this discovery.

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What enabled these Africans to accomplish such incredible feats in navigation, engineering and mathematics and how do we manifest the same skills today?

Historian Onyeka will examine the importance of melanin in the achievements of Africans in Renaissance Europe and how they used this gift to advance European civilisation. Onyeka will discuss how melanin works as a key to self-development and how it connects us to the universe and each other.

15



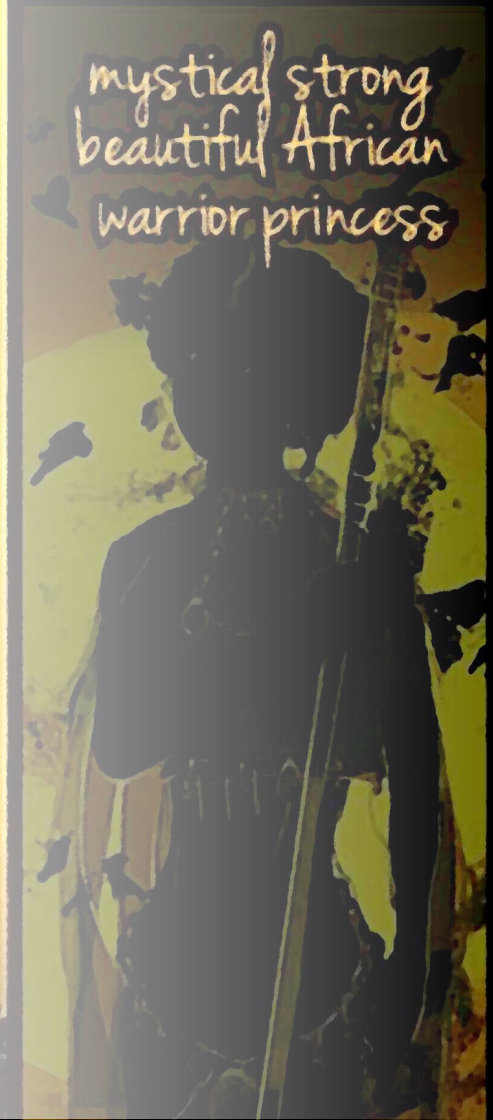
Nyinka's Daughter – Exploring Snake dance movement and the wave form of science through African story, drama and practical experimentation.

- Lead presenter **Olusola Adebisi**, Principal, Narrative Mindfulness
- **Brixton**, Saturday 19th March, 4.30pm – 6.30pm, FREE (£3+ donation is helpful)

Come and enjoy a creative short story that will help you explore your own inner fluidity and freedom of expression. We'll be getting hands on with a brief physical science experiment by constructing a special pendulum structure to highlight snake motion and scientific wave form motion, and if that were not enough there will be introductions to snake dance movement in the African martial arts style Ka-Zimba Ngoma. That inner force is spiralling up in you, learn to control it wholistically with science.



16



The Food Roads Participatory Workshop: The Value of Understanding Inner Space: Our Nature, to better respond to Outer Space: The Nature of Corporations.

- Lead presenter **Mama D**, Community Centred Knowledge.
- **Brixton**, Saturday 19th March, 7.00pm – 9.30pm
- £7, Booking in advance required. [CLICK: Reservation From]

On this evening we will be taken on a journey which symbolises the context in which we began to tear asunder a nurturing interdependency with Mother Earth.

The Earth is a space which, in its rich and feminine-stylized blackness (Khamit= the Black Earth) has been exploited to the point of diminishing returns.

The workshop demonstrates how we are mining our own umbilicus - our connection to the hidden, inner blackness of the womb-as-earth - and we are producing, in the process, a corporate (embodied) exploitation of the Earth's resources, one which began with... its people (their bodies).

A multi-sensory, immersive journey, exploring the history of our foodways. This will be a partnership performance workshop with underground spoken word artists, performance ritualists and others. We will go beyond the visible 'skin' of things and draw in the deeper, hidden elements, those which are less spoken of when we speak about food.

17



Abit's Secret – Revealed ! : 1st ideas of inner & outer Space explored with fun for children, parents and teachers.

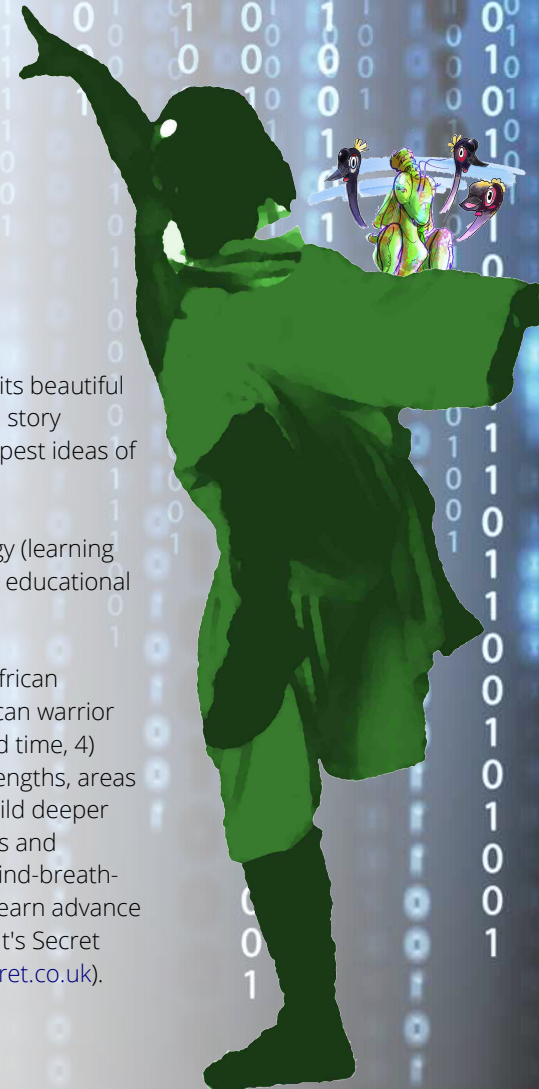
- Lead presenter **Astehmari Batekun**, Schools Of Unified Learning (SOUL).
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18





BLACK HISTORY IN WW1

SESSIONS



**FREE
EVENTS**

TUESDAY, 16TH FEBRUARY 2016

Morning: 10am to 11:30am Afternoon: 3pm to 4:30pm
@ THE LONDON METROPOLITAN ARCHIVES
40 Northampton Road, London, EC1R 0HB

Be part of Narrative Eye's forthcoming 2016 project - *Black Soldiers at the Battle of the Somme*.
Join us at the London Metropolitan Archives for an exclusive look at archive material from 1916.

During these sessions we will explore documents and newspaper articles from the First World War, as we investigate the African presence in one of the war's most important battles - the Battle of the Somme.

Participants will learn how to research archive material and uncover more of the missing stories in Black British History.

Join us for either a morning session (10am-11.30am) or an afternoon session (3pm-4.30pm).
Both sessions are free but pre-booking is essential.

Eventbrite

AM Session: <http://tinyurl.com/zlohoqj>
PM Session: <http://tinyurl.com/hg8ggdv>

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Join the **Journey around the Sun** drum practice and visualise travelling around the Sun with our planet, learning science through creative arts.

Astehmari Batekun
Schools Of Unified Learning

Tel: 020 8144 1720 / 075 3003 8547

eMail: learning@unifiedknowledge.org

Web: peoplescience.org.uk/ushop/courses.html

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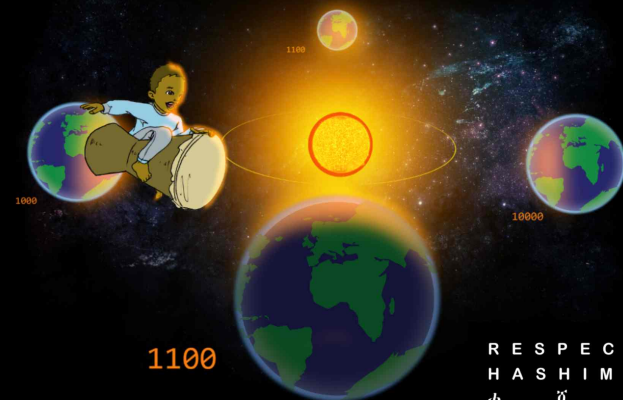


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Neter Vital Ltd is a cultural, health organisation which retails and distributes organic and natural health products. At our wellness centre, we also provide complementary health services and consultation and are known for the organising and running of workshops to provide and promote healthy living, wellbeing based on research and scientific facts on life.



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Esther Stanford-Xosei.

(It's not about the money it's about the struggle for justice)

Saturday 26th March 2016

Patidor House 22 London Rd, Wembley, Middx HA9 7EX

Doors open 6.30pm Show time 7.30pm

Host on the night

COUNT PRINCE MILLER & EMPRESS JAI
EDUTAINMENT



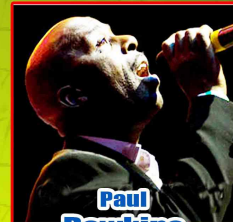
**The Poet
Dylema**



**The Sax Man
Lascelles James**



**Reggae Star Factor Winner
Joanne Cesar**



**Paul
Dawkins**



**Pianist
Jumaane Richardson**



**Tabago
Crusoe**

Special Guest Artists on the night

Tickets: £15 (Also available on line at Eventbrite)

Children under 10 free.

Info: 07944038297/ Hawk eye 0208 961 0866/ Bdy Music 0208 802 0146

Tube: Bakerloo Line to Wembley Central/ Buses 18..83..297

L J & The Family supports The CKD Charity Chronic Kidney Disease



SKIN DEEP S.T.E.A.M: **The Science and Politics of the Dark Tone**

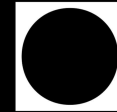
'Skin' & 'Space' - the mysterious beauty explored in a week of special science presentations and higher learning for the whole family.

SCIENCE...

You know you need to know more.

7th to 20th March 2016 :
Presentations
& Workshops

Delivered at your vibration.
Family friendly.



Brilliance

Abundance Centres (UK)

uLearn Naturally Learners' Coop

Web: abundancecentre.org

Twitter: [@uLearnNaturally](https://twitter.com/uLearnNaturally)



Venues:

Neter Vital Store

Brixton, SW9 8PB

Chestnuts Community Centre

Tottenham, N15 5BN

uLearn Naturally Science Week 2016

Venue Key:

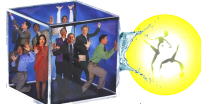
- **Neter Vital Store**, 25 Brixton Station Road, **Brixton** SW9 8PB
- **Chestnuts Community Centre**, 280 St Ann's Rd, **Tottenham**⁽¹⁾ N15 5BN
- **Laurels Healthy Living Centre**, 256 St Ann's Rd, **Tottenham**⁽²⁾ N15 5AZ



Enhancing Science & Maths Learning Through Creative Cultural Arts

- What is the Unified Knowledge approach to education?:

- educator training and support for local teachers and parents.
- Tottenham (2), Monday 7th March, 10am – 4pm



abundance
in schools

Enhancing Science & Maths Learning Through Creative Cultural Arts

- Teaching Maths (& Science) Through the Drum:

- educator training and support for local teachers and parents.
- Birmingham, Wednesday 9th March, 10am – 4pm

Download the full Science Week Guide :
abundancence.org

R E S P E C T
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M A T H E M A T I C S

Enhancing Science & Maths Learning Through Creative Cultural Arts

- Teaching Maths (& Science) Through Dance:

- educator training and support for local teachers and parents.
- Manchester, Thursday 10th March, 10am – 4pm



Ethnic skin types: are there differences in skin structure and function?

- Lead presenter Professor Donald Palmer
- Brixton, Friday 11th March, 6.00pm – 9.00pm

uLearn Naturally
Science Week
LAUNCH EVENT



The Structure of African Hair:

Why do you need to pH test (acid <> alkaline test) the stuff you put in your hair and how do you do it?

- Lead presenter Astehmari Batekun, Peoplescience Intelligence Unit
- Tottenham (1), Saturday 12th March, 4pm – 5.30pm

How blackness and the melanin of Africans shaped western civilisation and how blackness became a badge of dishonour.

- Lead presenter Dema Wonga, Narrative Eye
- Tottenham (1), Saturday 12th March, 5.45pm – 7.45pm

vitamin



Sun, Skin and the Immune System

- Lead presenter Dr Majeena Lynch supported by Professor Donald Palmer
- Tottenham (1), Saturday 12th March, 8pm – 9.30pm



Balanced Diet, Healthy Melanin.

- Lead presenter Rijole Bitata, ATL Learning Centre
- Brixton, Sunday 13th March, 4.30pm – 8.30pm

Melanin Magic: Exploring the Cress theory of colour, in modern media & ancient culture.

- Lead presenter Aundrieux AmunRa Sankofa author of Sacred Man
- Brixton, Sunday 13th March, 4.30pm – 8.30pm



An audience with Menelik Shabazz:

My new Sci-fi movie, healing for emotional health and the path to higher learning.

- Lead presenter Menelik Shabazz, Film Maker
- Tottenham (1), Monday 14th March, 7pm – 9pm



Nyinka's Daughter – Exploring Snake dance movement and the wave form of science through African story, drama and practical experimentation.

- Lead presenter Olusola Adebisi, Principal Facilitator, Narrative Mindfulness
- Tottenham (1), Tuesday 15th March, 6pm – 7.30pm



Abit's Secret – Revealed ! : 1st ideas of inner & outer Space explored with fun for children, parents and teachers.

- Lead presenter Astehmari Batekun, Schools Of Unified Learning (SOUL)
- Tottenham (1), Tuesday 15th March, 7.30pm – 9pm

The Structural Textures of African Hair: The Alpha Helix Design.

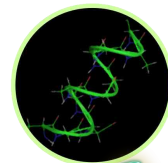
- Lead presenter Tatlyn Grant, Cosmetologist.
- Tottenham (1), Wed 16th March, 6pm – 9pm



The Structure of African Hair:

Why do you need to pH (acid <> alkaline) test the stuff you put in your hair and how do you do it?

- Lead presenter Astehmari Batekun, Peoplescience Intelligence Unit
- Brixton, Thursday 17th March, 7.00pm – 9.00pm



How Blackness and the Melanin of Africans shaped Western Civilisation and how Blackness became a badge of dishonour.

- Lead presenter Historian Onyeka, author of Blackmoores, Narrative Eye
- Brixton, Friday 18th March, 6.00pm – 9.00pm



Nyinka's Daughter – Exploring Snake dance movement and the wave form of science through African story, drama and practical experimentation.

- Lead presenter Olusola Adebisi, Principal Facilitator, Narrative Mindfulness
- Brixton, Saturday 19th March, 4.30pm – 6.30pm



The Food Roads Participatory Workshop:

The Value of Understanding Inner Space: Our Nature, to better respond to Outer Space: The Nature of Corporations.

- Lead presenter Mama D, Community Centred Knowledge.
- Brixton, Saturday 19th March, 7.00pm – 9.30pm, PRE BOOKING REQUIRED

Abit's Secret – Revealed ! : 1st ideas of inner & outer Space explored with fun for children, parents and teachers.

- Lead presenter Astehmari Batekun, Schools Of Unified Learning (SOUL)
- Brixton, Sunday 20th March, 4.30pm – 8.30pm

Revolutionary NEW BOOK !! Find out more at AbitsSecret.co.uk

